

2010 Spring Speedo Sectional Championships At IUPUI

ENTRY COMMITMENT DUE NO LATER THAN WEDS FEB 10th.

SWIMMERS CAN STILL QUALIFY AT THE 13 & OVER USA STATE MEET, BUT WILL NEED TO VERIFY THEY ARE SWIMMING WITH DON BY THE END OF THE STATE MEET. If you have questions please contact Coach Kimble ASAP.

DATES

Thursday March 25-Sunday March 28, 2010.

HOSTED BY:

IU Natatorium

Meet web site:

<http://www.iunat.iupui.edu/2010-speedo-sectionals>

LOCATION:

Facility: IU Natatorium-IUPUI

Address: 901 W. New York St.

Indianapolis, IN 46202

Phone: (317) 278-2187

WARM-UP & START TIMES

All times are Eastern Daylight Time.

Wed 4:00 pm - 6:45 pm

Warm-up Prelims Finals

Thurs-Sat 6:30-8:45am 9:00am

4:00-5:15pm 5:30pm

Sunday 6:30-8:45am 9:00am

3:00-4:15pm 4:30pm.

ELIGIBILITY

All swimmers must be current athlete members of USA Swimming.

This meet is open to all athletes registered outside the Central Zone and Section 3 athletes (LE, OH, IN, MI) and Section 1 athletes (IA, IL, MN, ND, SD, WI).

Eligible swimmers must have achieved the relevant qualifying times within the qualifying period. Official time standards are included with this entry information.

Teams may enter an unlimited number of relay-only swimmers. Names of relay-only swimmers must be listed on the original entry.

Swimmers with a disability who have been classified may enter any events at this meet for which they have achieved a national disability championships qualifying time during the qualifying period. Final determination of seeding of swimmers with a disability will be made by the meet referee after consultation with the athletes and their coaches.

QUALIFYING PERIOD

The qualifying period is from January 1, 2009 thru the entry deadline.

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ENTRY LIMITS and BONUS EVENTS

Limits: A swimmer may enter an unlimited number of individual events but may compete in no more than 6 individual events for the meet, and in no more than 3 individual events per day.

Bonus Events: Swimmers who have achieved fewer than 4 individual event time standards may supplement their entry with bonus events so that the total of individual events (time standards plus bonus swims) does not exceed 4 for the meet. (i.e. 1 qualified and 3 bonus, 2 qualified and 2 bonus, 3 qualified and 1 bonus). Swimmers entering bonus events may be entered at their actual time or at NT. Please be certain to check the box indicating "bonus" for each event that is a bonus entry.

ENTRY FEES

Individual Events: \$ 8.50

Time Trial Events same as above

Surcharges: \$5.00

Scratch Rule

National scratch procedures (207.7.9) will be observed. Additionally, a non-refundable \$100.00 fine will be assessed to a club for each swimmer failing to compete in Sunday finals without scratching, except as noted in 207.5.9E, Exceptions for Failure to Compete.

The scratch box will be available at Registration on Wednesday, at the General meeting, and at the head table thereafter.

Check-in will be available at Registration, at the General Meeting, and at the head table thereafter.

Scratch Deadlines

National scratch procedures will be observed. The scratch box will be located at the head table.

Thursday's events: 15 minutes after the conclusion of the General Meeting on Wednesday March 24th.

All others days' events: 6 pm the prior evening

The money for scratched events is NOT refundable.

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ORDER OF EVENTS

Please note that HOST is now on Eastern Daylight Time

WOMEN	PRELIMINARIES	MEN	WOMEN	FINALS	MEN
<i>Warm-Ups: 6:30-8:45 am EDT Meet Starts: 9:00 am EDT</i>		Thursday EVENTS		<i>Warm-Ups: 4:00-5:15 pm EDT Meet Starts: 5:30 pm EDT</i>	
2	200 Backstroke	3	1	800 Freestyle ***	
4	50 Freestyle	5	2	200 Backstroke	3
7	200 Breaststroke	8	4	50 Freestyle	5
1	800 Freestyle***			1500 Freestyle ***	6
	1500 Freestyle ***	8	7	200 Breaststroke	8
			9	800 Free Relay Women *	
<i>Warm-Ups: 6:30-8:45 am EDT Meet Starts: 9:00 am EDT</i>		Friday EVENTS		<i>Warm-Ups: 4:00-5:15 pm EDT Meet Starts: 5:30 pm EDT</i>	
10	200 Freestyle	11	10	200 Freestyle	11
12	100 Butterfly	13	12	100 Butterfly	13
14	400 I.M.	15	14	400 I.M.	15
			*16	400 Free Relay	*17
<i>Warm-Ups: 6:30-8:45 am EDT Meet Starts: 9:00 am EDT</i>		Saturday EVENTS		<i>Warm-Ups: 4:00-5:15 pm EDT Meet Starts: 5:30 pm EDT</i>	
18	100 Backstroke	19	18	100 Backstroke	19
20	400 Freestyle	21	20	400 Freestyle	21
22	100 Breaststroke	23	22	100 Breaststroke	23
24	200 Butterfly	25	24	200 Butterfly	25
				800 Free Relay Men	*26
<i>Warm-Ups: 6:30-8:45 am EDT Meet Starts: 9:00 am EDT</i>		Sunday EVENTS		<i>Warm-Ups: 3:00-4:15 pm EDT Meet Starts: 4:30 pm EDT</i>	
27	200 I.M.	28	27	200 I.M.	28
31	100 Free	32	****29	1500 Freestyle	
33	400 Medley Relay	**34		400 Freestyle	**30
****29	1500 Freestyle		31	100 Free	32
	800 Freestyle	****30	**33	400 Medley Relay	**34

* Timed Finals with all relays being swum in the finals session.

** The top 2 heats of the 400 Medley Relays will be swum in Finals. All other heats will swim in prelims.

*** Thursday distance events (W800/M1500) will be swum fastest to slowest alternating women and men. The fastest heat of each (W800/M1500) will be swum in finals.

****Sunday distance events (W1500/M800) will be swum fastest to slowest alternating women and men. The fastest heat of each (W1500/M800) will be swum in finals.

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2010 Time Standards for all Participants

Qualifying Period: January 1, 2009 through the entry deadline

WOMEN		EVENT	MEN	
SCY	LCM		SCY	LCM
25.29	28.79	50 FREE	22.59	25.89
54.79	1:01.79	100 FREE	48.99	56.39
1:57.89	2:13.09	200 FREE	1:46.89	2:02.89
5:12.09	4:38.79	400/500 FREE	4:48.89	4:19.39
10:44.79	9:37.59	800/1000 FREE	10:03.89	9:06.39
18:00.79	18:26.29	1500/1650 FREE	16:53.89	17:30.99
1:01.49	1:10.79	100 BACK	55.89	1:03.89
2:11.89	2:31.09	200 BACK	1:59.99	2:19.79
1:09.29	1:19.29	100 BREAST	1:02.19	1:12.59
2:29.09	2:50.19	200 BREAST	2:14.99	2:37.39
1:00.09	1:07.89	100 FLY	53.79	1:01.09
2:12.49	2:28.79	200 FLY	2:00.49	2:17.39
2:13.19	2:30.89	200 IM	2:00.59	2:18.89
4:40.49	5:18.79	400 IM	4:19.39	4:58.19
3:43.99	4:11.59	400 FREE RELAY	3:20.99	3:52.99
7:59.99	9:02.99	800 FREE RELAY	7:18.99	8:24.99
4:07.99	4:42.99	400 MEDLEY RELAY	3:44.99	4:19.99